



SIGULDA – LĪGATNE



Owl at Līgatne Nature Trails



Cyclists



Daudu waterfall



Katrīnas Rock



Description

Suited for fit hikers or cyclists focused on an adventure in terms of views and emotions through the most impressive primeval valley of a river in Baltics. The route runs through Gauja National Park.



Best time to go

May–October. The route can be enjoyed in other seasons as well, including the beautiful winter days with a few snow, since the paths and forest roads are not cleaned from snow.



Route

For hikers: Central square of Sigulda Railway Station – Raiņa iela – Līvkalna iela – Mound Paradīzes – Vējupīte Ravine – Līgatne nature trails – Gaujas iela – Dārza iela – Sprīņu iela – Līgatne Tourism Information Centre. Cyclists head down the Gaujas Street in Sigulda and before the bridge over the River Gauja turn right on an unpaved road leading to Līgatne.



Difficulty level

Moderate – difficult. Strenuous in some sections (deep ravines of the rivers).



Distance

Around 30 km.



Duration

10 h on foot, 4–5 h by bicycle.



Road pavement

Mostly forest roads, gravel roads, paths, asphalt roads in Sigulda and Līgatne.



Starting point

Sigulda Railway Station Square. 24.85422, 57.15287.



Destination

Līgatne Tourism Information Centre. 25.03968, 57.23348



Distance to Riga

Starting point 53 km, destination 70 km.



Way marking

A blue diamond on white background, blue blazes on trees. Way markings continue from Gaujas iela in Sigulda up to Līgatne.



Public transportation

For hikers: regional buses (check timetable beforehand) run between Līgatne and Augšlīgatne, and from there on pedestrians can get on the train (station “Līgatne”, railway line Rīga–Valka) or regional buses to Rīga, Cēsis and other towns. Trains (8–9 times per day) and regional buses run to Sigulda.



Worth knowing!

Suitable trekking boots (or an MTB/ trekking bicycle) and local map or route map is necessary. Navigation devices might be useful. Cyclists should pedal with due care on the steep slopes and wooden plank-ways and bridges which can be slippery. Due to the route length, hikers should evaluate personal fitness for the route. When heading along Nurmīši Nature Reserve area, respect the information signs placed there! Walking outdoors is at one's own risk. Emergency services: 112.



Recommendation

Hikers can stay overnight in Līgatne and head the next day to Cēsis (~1 day), and from Cēsis on to Valmiera (~2 days).

SERVICE

i | Sigulda Municipality Tourism Information Centre

Sigulda, Ausekļa Street 6, +371 67971335, info@sigulda.lv, www.tourism.sigulda.lv

i | Visitor Centre in Līgatne Nature Trails

Līgatne Nature Trails, Līgatne Municipality, +371 64153313, +371 28328800, ac@gnp.lv, www.gnp.lv

i | Līgatne Municipality Tourism Information Centre

Līgatne, Sprīņu Street 2, +371 64153169, +371 29189707, info@visitligatne.lv, www.visitligatne.lv

🏠 | Holiday house “Vējiņi”

“Vējiņi”, Straupe rural territory, Pārgauja Municipality, +371 29354189, pazemesezeri@gmail.com, www.pazemesezeri.lv (also camping “Paegli”)

G | Baltic Wildlife

+371 28808440, laura@balticwildlife.eu, www.balticwildlife.eu

SIGHTSEEING OBJECTS

1 | Sigulda Railway Station
24.85422, 57.15287

2 | Raiņa Park
Pay attention! En route from the town centre to the valley of the River Vējupīte, roe deer is seen early in the mornings in the meadow near Līvkalna Street. Along Līvkalna Street there is an alley of oaks — a place to study lichen, moss, and polypores (e.g. sulphur shelves).

3 | River Vējupīte
Left tributary of the River Gauja. Length — 14 km, gradient — 88 m.

4 | Vējupīte Ravine 24.87634, 57.17115
VOn the banks of Vējupīte Valley, there are popular Sigulda tourism sites, such as Kraukļu Ravine and Pētera Cave.

Pay attention! The banks of Vējupīte Ravine are covered in forests of slopes and ravines with large-size decayed wood and deadwood. Here one can spot traces that woodpeckers have left on tree trunks. Ball-shaped sandstone is found on the riverbed of rivers Vējupīte and Kraukļupīte. The polypodies and common fragile fern are growing on the sandstone outcrops. The patina seen at some places on the sandstone walls is actually the velvet lichen. The ground cover of the forest reveals common moss like glittering wood-moss, red-stemmed feathermoss, goose-necked moss, and ostrich plume feathermoss. Various species of fern. On fallen trees and stumps — sulphur shelves, red banded polypore, Dryad's Saddle, and other species of mushrooms decaying the timber.

5 | Track along Gauja between farmstead "Kalna Klaukas" and Rāmnieku Stream
The section of primeval valley wall from Kalna Klaukas to Rāmnieku Brook is included in **Nurmiži Glen Reserve** which is closed to visitors. The road and its adjacent area are open to hikers and cyclists taking the route.
Pay attention! The following common plant species are found near the trail: common yarrow, wild thyme, Burnet-saxifrage, annual meadow-grass, meadow buttercup, sticky catchfly, spiked speedwell, cock's-foot, germander speedwell, cow parsley, perennial honesty, baneberry, wood-sorrel, maple, oak, lily-of-the-valley, dog's mercury, common hazel, spindle, etc.

6 | River Dauda
Left tributary of the River Gauja with a canyon-like ravine up to 40 m deep,



which is rich in sandstone outcrops. Dauda Ravine is located in the Nurmiži Glen Reserve.

Pay attention! At some places you shall see traces of wild boar, while ashore of the oxbow lakes — traces of beavers.

7 | River Sviķupīte
Left tributary of the River Gauja, at the lower reaches of which there are the **Sviķupīte outcrops** (Gauja suite sandstone), which are seen over a section of 600 800 m.

8 | Mound Sautas
Impressive rock pillar on the left side of the primeval valley wall of the River Gauja, enclosed by the deep ravines of Rivers Sviķupīte and Nurmižupīte. Located in Nurmiži Glen Reserve, and therefore can be observed from distance.

9 | Rāmnieku Brook
A small left tributary of the River Gauja, furthest northern border of Nurmiži Glen Reserve.

10 | Dagnes [Gančausku, Sūruma] Cave
24.95074, 57.24406
Tildurga Brook, before entering the River Gauja, has washed out a small "canyon", and on the left bank of it there is a cave-like gallery.

11 | Elpiju Rock 24.95311, 57.24421
Approximately 9 m high reddish sandstone outcrop from the Gauja suite.

12 | River Vildoga (also Jāņupīte)
Left tributary of the River Gauja with a deep ravine and an impressive vertical fall (ca. 10 m/km).

13 | Rock Launagiezis (also Ērmaņu Rock) 24.97085, 57.25061
Around 600 m long and steep slope of the right side of primeval valley wall of the River Gauja covered with forests, at the feet of which there is the scenic sandstone outcrop (up to 20 m high).

14 | Tītmaņu Rock 24.98528, 57.24042
The approximately 12 m high and reddish sandstone outcrop from Gauja suite is located on the left slope of primeval valley wall of the River Gauja (~0.5 km off the river). The outcrop features **Līgotņu Cave** and two galleries.

15 | Līgatne nature trails 25.01525, 57.24798
Not far from Līgatne, on the banks of the primeval valley of the River Gauja and its tributaries there is a dense network of trails with fencings enclosing wild animals of Latvia — stags, elks, roe deer, wild boar, bears, foxes, lynx, and two species of birds, living in conditions similar to the wild.

16 | Jumpravu Rock 25.02872, 57.24986.
Sandstone outcrop on the left bank of the River Gauja, which runs far into the forest like a steep and rocky slope, where its feet are washed by the waters of a brook.

17 | Līgatne Ferry Crossing

18 | Līgatne Paper Mill

19 | Līgatne Village