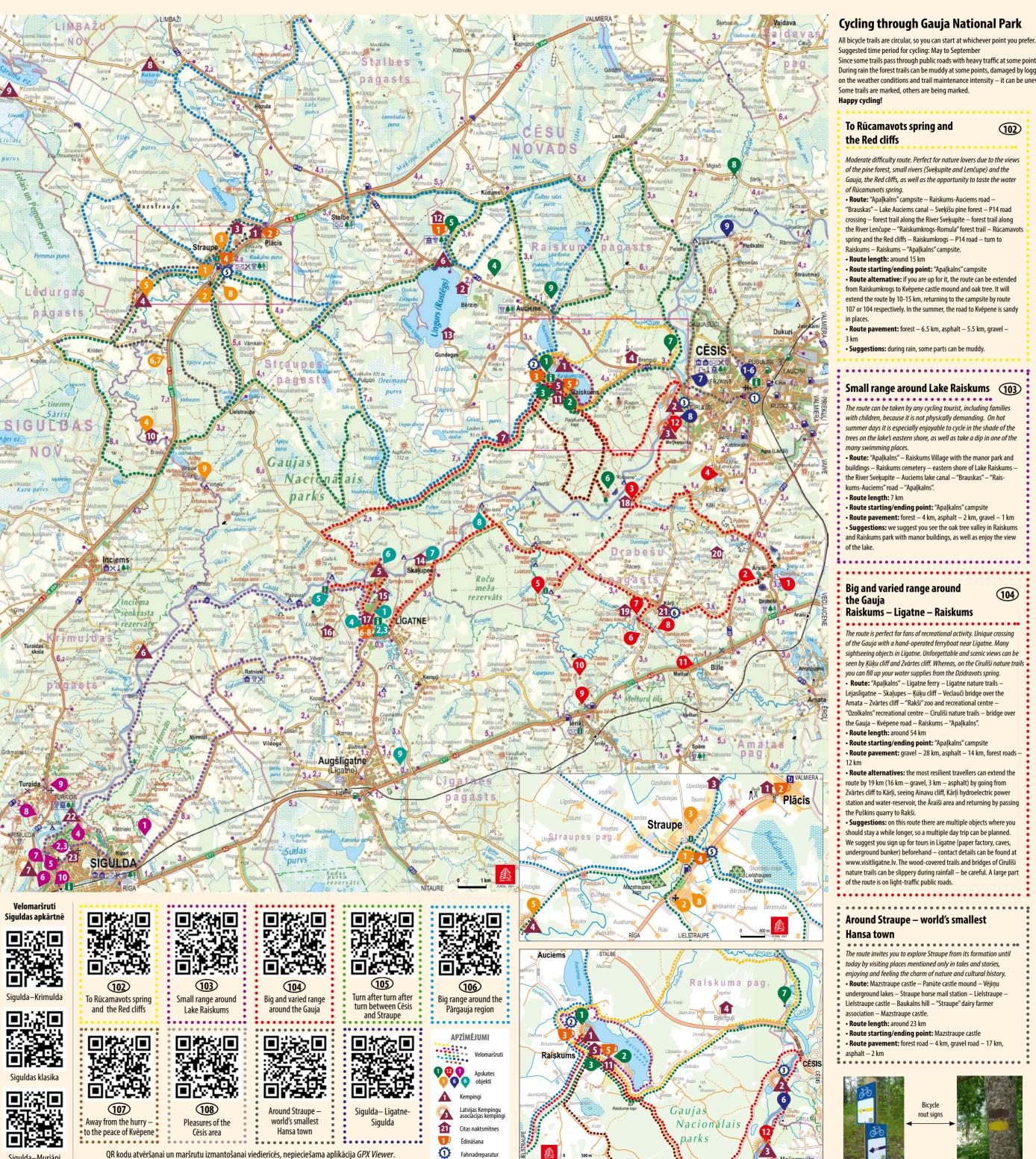


# Atbalsta Zemkpības ministrija un Lauku Atbalsta dienests



# Cycling through Gauja National Park

All bicycle trails are circular, so you can start at whichever point you prefer.

Suggested time period for cycling: May to September

Since some trails pass through public roads with heavy traffic at some points, cyclists are urged to be careful and abide by the road traffic regulations. During rain the forest trails can be muddy at some points, damaged by logging machines, hard to cycle on. The quality of the trail pavement depends on the weather conditions and trail maintenance intensity — it can be uneven, dusty.

Some trails are marked, others are being marked. Happy cycling!

# To Rūcamavots spring and the Red cliffs



Moderate difficulty route. Perfect for nature lovers due to the views of the pine forest, small rivers (Svekupīte and Lenčupe) and the Gauja, the Red cliffs, as well as the opportunity to taste the water of Rūcamavots spring.

• Route: "Apalkalns" campsite - Raiskums-Auciems road -"Brauskas" — Lake Auciems canal — Sveķīšu pine forest — P14 road crossing — forest trail along the River Svekupīte — forest trail along the River Lenčupe – "Raiskumkrogs-Romula" forest trail – Rūcamavots spring and the Red cliffs – Raiskumkrogs – P14 road – turn to Raiskums – "Apaļkalns" campsite. • Route length: around 15 km

• Route starting/ending point: "Apaļkalns" campsite • Route alternative: if you are up for it, the route can be extended from Raiskumkrogs to Kvepene castle mound and oak tree. It will extend the route by 10-15 km, returning to the campsite by route 107 or 104 respectively. In the summer, the road to Kvepene is sandy

• Route pavement: forest - 6.5 km, asphalt - 5.5 km, gravel -

· Suggestions: during rain, some parts can be muddy. 

## Turn after turn after turn between Cesis and Straupe

The route is perfect for active cyclists, who not only like taking little Sunday trips, but also longer rides during the entire cycling season. The route will take you along the Gauja, then follow the winding country roads of Pārgauja past Driškina, Ungura, Plaužu, Ķiržu, Raiskums lakes. You should plan to spend more time exploring Ungurmuiža, Straupe and Raiskums.

•••••

• Route: Raiskums – Red cliffs – Pielekši – Lenči – Auciems – Kūdums – Ungurmuiža – Milmēnu pond – "Rožkalni" – Lielstraupe castle – Lake Plaužu – Lielstraupe – Klucīšu watermill lake –

Lake Sāls — Lake Kiržu — Raiskums. Route length: around 72 km

Big range around the

Pārgauja region

• Route pavement: forest road – 9 km, gravel – 50 km, asphalt – 13 km

• Route starting/ending point: "Apaļkalns" campsite or Straupe • Route connections: the most active cyclists can take an extra lap from Straupe – the 20 km route (18.5 km – gravel, 1.5 km – asphalt) leads past Vējiņi underground lakes, "Knīderi", "Juglas" and crosses the River Jugla next to Lake Pīļu.

• Suggestions: we suggest taking multiple days to calmly complete the route, choosing one of the tourist lodgings in Pārgauja to spend •••••

The route is perfect for fans of recreational activity who are in good

physical condition, who want to enjoy the natural landscape while

exploring the natural and cultural heritage objects of Pārgauja.

• Route: Stalbe centre – Ungurmuiža – Kūdums – Lake Driškina –

Auciems and Raiskums lakes - Muižnieka and Kiržu lakes -

Lielstraupe castle – Mazstraupe castle – Vējiņu underground

lakes — Straupe dairy — Riebinu and Eikēnu lakes — Lake Rucka -

• Route pavement: forest roads and trails – 5 km, gravel – 82 km,

• Suggestions: plan multiple days for completing the route,

choosing one of the lodgings or rest areas in Pārgauja to spend the

Moderate difficulty route. Most of the route is on forest roads. Des-

tination — Kvēpene oak tree and castle mound is a scenic view that

is poetically called the crossroads of the natural beauty of Latvia.

• Route: "Apaļkalns" — Raiskums — Raiskums cemetery — Kvēpene

• Route pavement: forest road – 9 km, gravel – 4 km, asphalt –

• **Suggestions:** the forest roads are sandy in places, which makes

Route alternatives: Possible to combine with routes 102, 103 and

Andorste different

Moderate difficulty route. Opportunity to enjoy the most beautiful

where the sculptor family of Jansons has created and keeps creating

places around Cēsis — pine forests and hills, the majestic Ērģeļu

(Ērgļu) cliffs, relax on the riverside of the Gauja, visit the places

Ērģeļu (Ērgļu) cliffs — campsite "Lenči" — Gaujaslīči and Pipariņi -"Siļķes" - Vītolu Street - Gaujas Street - Bērzaines Street -

• **Route pavement:** forest road – 3 km, gravel – 10 km, asphalt –

• Suggestions: after seeing the Ērģeļu (Ērgļu) cliffs, return to the car

park and continue the route on a beautiful forest trail (during rainfall,

the wooden bridges and steep descent can be slippery – be careful).

Tours in the house of the sculptor family of Jansons should be set up

• Route: Cesis castle – Lenču Street – Forest cemetery

forest — Kvēpene oak tree and castle mound — "Kubli" and

"Rožkalni" – Raiskums gravel road – Līgatne – "Apaļkalns".

• Route starting/ending point: "Apaļkalns" campsite

Lake Pūricu – Milmēnu pond – Lielstraupe cemetery –

Rozula centre - Rozbeķi castle ruins - Stalbe centre.

• Route starting/ending point: Stalbe centre

• Route length: around 94 km

to the peace of Kvēpene

• Route length: around 15 km

Pleasures of the Cesis area

Lielā Katrīnas Street — Cēsu TIC — Cēsis castle.

• Route starting/ending point: Cēsis castle

• Route length: around 18 km

beforehand, www.artsilkes.lv

riding harder.

asphalt – 7 km

### Small range around Lake Raiskums 103 •••••



The route can be taken by any cycling tourist, including families with children, because it is not physically demanding. On hot summer days it is especially enjoyable to cycle in the shade of the trees on the lake's eastern shore, as well as take a din in one of the many swimming places

• **Route:** "Apaļkalns" — Raiskums Village with the manor park and buildings - Raiskums cemetery - eastern shore of Lake Raiskums the River Svekupīte — Auciems lake canal — "Brauskas" — "Raiskums-Auciems" road — "Apaļkalns".

• Route length: 7 km • Route starting/ending point: "Apaļkalns" campsite

• Route pavement: forest – 4 km, asphalt – 2 km, gravel – 1 km • **Suggestions:** we suggest you see the oak tree valley in Raiskums and Raiskums park with manor buildings, as well as enjoy the view

### Big and varied range around Away from the hurry –

The route is perfect for fans of recreational activity. Unique crossing of the Gauja with a hand-operated ferryboat near Līgatne. Many sightseeing objects in Līgatne. Unforgettable and scenic views can be seen by Ķūķu cliff and Zvārtes cliff. Whereas, on the Cīrulīši nature trails you can fill up your water supplies from the Dzidravots spring. • Route: "Apalkalns" - Līgatne ferry - Līgatne nature trails -Lejaslīgatne — Skaļupes — Ķūķu cliff — Veclauči bridge over the Amata – Zvārtes cliff – "Rakši" zoo and recreational centre – "Ozolkalns" recreational centre - Cīrulīši nature trails - bridge ove the Gauja – Kvēpene road – Raiskums – "Apaļkalns". • Route length: around 54 km

• Route starting/ending point: "Apaļkalns" campsite • Route pavement: gravel – 28 km, asphalt – 14 km, forest roads

 Route alternatives: the most resilient travellers can extend the route by 19 km (16 km – gravel, 3 km – asphalt) by going from Zvārtes cliff to Kārļi, seeing Ainavu cliff, Kārļi hydroelectric power station and water-reservoir, the Āraiši area and returning by passing the Puškins quarry to Rakši.

• Suggestions: on this route there are multiple objects where you should stay a while longer, so a multiple day trip can be planned. We suggest you sign up for tours in Līgatne (paper factory, caves, underground bunker) beforehand – contact details can be found at www.visitligatne.lv. The wood-covered trails and bridges of Cīrulīši nature trails can be slippery during rainfall – be careful. A large part of the route is on light-traffic public roads.

# Around Straupe – world's smallest Hansa town

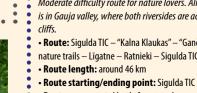
••••• The route invites you to explore Straupe from its formation until today by visiting places mentioned only in tales and stories, enjoying and feeling the charm of nature and cultural history. • Route: Mazstraupe castle — Panūte castle mound — Vējiņu underground lakes — Straupe horse mail station — Lielstraupe — Lielstraupe castle — Baukalns hill — "Straupe" dairy farmer

association — Mazstraupe castle. • Route length: around 23 km

 Route starting/ending point: Mazstraupe castle • Route pavement: forest road — 4 km, gravel road — 17 km, asphalt – 2 km



rout signs



still without rushing.

Sigulda – Līgatne – Sigulda

••••• Moderate difficulty route for nature lovers. Almost half of the route is in Gauja valley, where both riversides are accented by sandstone

• **Route:** Sigulda TIC — "Kalna Klaukas" — "Gančauskas" — Līgatne nature trails — Līgatne — Ratnieki — Sigulda TIC.

• Route pavement: Mostly forest roads, gravel roads, trails. In Sigulda, Līgatne and when returning from Nurmiži — asphalt. • Suggestions: enjoy Gauja valley without rushing, make a stop at the Līgatne nature trails, get to know Līgatne and return to Sigulda,

•••••••••

2021

Sigulda-Murjāņi

www.tourism.straupe.lv

"Vējiņi" Underground Lakes On the bank of the Brasla River, underground springs have washed out large voids and caves. Ezerala (The Lake Cave) is a unique cave system with an underground stream and two beautiful underground lakes filled with clear and ice-cold underground water. An underground excursion takes place only with a guide. After a walk by Brasla River you can have a picnic or relax in the holiday house "Vējiņi". +371 29354189

Straupe Old Post Station This place is a unique complex of heritage buildings. It is the only Old Post Station that has survived to this day and it's the important story dates back to the 18th century, when the internation horse post route led through Straupe parish connecting West Europe with St. Petersburg.

Straupe Farmers' Market and POP-UP Restaurant Twice a month — on 1st and 3rd Sunday Straupe Old Post Station hosts Farmers' Market the only regular small local producer market in the Baltic States included in the prestigious Slow Food Earth Markets alliance, Also, Straupe Old Post Station cuisine is available on the trade days. allowing every visitor to feel that this place is a paradise of taste — traditional high-quality products and their creative use. www.farmersmarket.lv +371 29464946 57.325668, 24.919426

'Eicēni' Bio-products and Farm Natural, healthy, delicious... the managers of 'Eicēni' farm bring such products to their table and offer them to others to enjoy. Everyone is invited to visit 'Eiceni' shop in Straupe. For the more unhurried travellers the hosts offer excursion in the farm and a story about how to work in the garden serenely and with joy.

www.eiceni.lv +371 27457809 The Brasla River Primeval

+371 29299548

Valley around Brasla Fish Farm It is possible to see the amazing sandstone outcrops of the Brasla River primeval valley very near the A3 motorway and visit Brasla fish farm. Here is also a small holiday house on the very bank of the Brasla river. Brasla fish farm -

In Raiskums and Its Surroundings In Cesis and Its Surroundings

Cēsis Medieval Castle and the New Castle In Cēsis Medieval Castle one may trave back in time, walking through the nistoric building and trying out the entertainment and activities of the ancient inhabitants. Cēsis History and Art Museum has found its home in the New Castle, but the Exhibition Hall is established in the former manor +371 64121815. +371 26576111

Historical Centre of Ligatne For 200 years the name of Ligatne has been closely linked to the paper mill. The village, whose historical entre has survived to this day, also developed along it. The wooden architecture ensemble of the 19th century harmonizes beautifully with the picturesque nature — the hilly terrain. the Ligatne River and the cliffs, in which beer cellars still exist today. www.visitligatne.lv +371 64153169, +371 29189707 Līgatne cellar caves and cliffs

tne gives you an opportunity

estigate over 300 manmade

caves. They can surprise you with

their shapes and winding ways.

The caves feature an unchanging

temperature, so in the past and

present it could serve as a food

to become an explorer and

In Ligatne and Its Surroundings 57.242032, 25.041955

57.232946, 25.040898

Āraiši Archaeological Park Now Āraiši Lake Castle is a reconstruction of ancient Latgalian fortified dwelling place of 9th-10th century. The ancient buildings discovered and the artefacts found by archaeologists have outstanding cultural and historical significance, they characterize the material and spiritual culture of the settlement as complete as possible. There are ruins of Āraiši Medieval Castle next to it. The castle stood there from the 14th century until the beginning of the 17th century. +371 25669935 Āraiši Windmill The mill was built for the needs of

In Āraiši, Kārli und Ieriķi

Zvärtes Rock

top of the rock.

Fish Farm "Kārli"

+371 29299548

Ainavu (Landscape) Cliff

sandstone outcrops offer a

wonderful view of the deep

Amata River primeval valley

embraced by forest. Along the

Amata geo-trail near the river,

of Melturi (3.6 km) or

Ainavu (Landscape) cliff is a real

One of the most beautiful reddis

Devonian sandstone outcrops

and its beautiful surroundings

reveal ancient tales and a lot of

interesting things about the plant

kingdom. An excellent vista can be

seen from both the river and the

Amata Trail continues to lead to

Once upon a time there was Karlu Mill – a power

of Cesis and its surrounding area. However, due

plant that supplied power to the entire town

to the lack of water in the summer, the power

plant was unable to operate and was closed. In

1930s, the fish farm was built here. The stories

of excursion will give you a chance to learn the

history of the fish farm as well as salmon and

trout farming. There is a possibility to buy trouts

57.246115, 25.14

Veclauči Bridge (2.4 km)

in Latvia The manical rock

Drabeši Manor in the middle of the 19th century. Here is an opportunity to follow how grain turns into flour, to grind the grain yourself, to walk around all the four floors and to see the mill mechanisms with a guide. "Dzirnavnieka pusdienas" (Miller's Lunch) is on offe

Book excursions in advance! +371 29238208 Camel Park "Rakši" Take the chance to enjoy experience of riding a camel, natural wonder that impresses with its magnificence. The high and sceni touching an alpaca fur and walking along the woods with a companion – llama. Here are more than 80 lively and friendly animals. In "Camel Café'''you can taste healthy came you may go in the direction milk pancakes. Zvārtas Rock (9.2 km). +371 20009097, +371 20009098 57.276300, 25.19863

Veselības Laboratorija' (Health Laboratory) During the excursion there is a possibility to taste and enjoy the diverse flavours 'Veselības Laboratorija' learning about the healthy variations of Latvian taste range. Infusions are made only from plants and fruits from Latvian bio system, covering each season, combination of vitamins, colors and aromas. 57.284146, 25.25188 +371 26567007

III ALL TON

In Sigulda

The Dauda waterfall

The Dauda flows through a

deep canyon-like ravine, and on

the riverbed there are multiple waterfalls. The Dauda waterfall

is the third highest waterfall

in Latvia. Its height is 2.4 m,

ver two sandstone cascades

inusual, because the water falls

ivonian Order Sigulda castle

ivonian Brothers of the Sword, who

were in control of the left riverside of

until 1209. At first, it was a "castellum"

type fortress, but later the castle was

castle had an expansive outer forepart,

next to which grew a busy trader and

craftsmen settlement

www.tourism.sigulda.lv

re-built into a convent type building. The

New Sigulda castle and castle quarter

During the 19th century, a stone castle

nanor owners Olga and Dmitry Kropot

Stories say that when building Siguida

the surrounding farms, which is why

is home to the creative workshops of

craftsmen, artists and designers.

castle, the lime was mixed with milk from

it is so strong. Today, the manor building

typical to Vidzeme was built by the

next to the old wooden master's hou

the Gauja, built Sigulda castle from 1204

its width - 1.5 to 2.5 m. It is

Kārli water-reservoir and dam Built in 1925 in place of the watermill of Kārla manor. In the beginning, the water turbine powered the sawmill and shingle factory, but until 1963 vided electricity to the city of Cesis and the surrounding area. The hydroelectric power station was renewed in 2002 by creating a fishpass -'water-stairs" for salmonids.

Nature Trail of Jeriki Mill Created by nature and improved by the neonle it is a miraculous recreational place where tired people can recover strength by watching the wonderful waterfalls of the Melderupe River. In autumn and winter. when it gets dark, the Light Park is opened on the Mill trail. The length of the path is 1 km You can also have a delicious meal at the nearby café 'Pie dzirnakmeņa' (At The Millstone). www.ierikudzirnavas.li +371 28396804 Cecīli Nature Trail By walking the trail, you will experience Dančupīte canyon and cave, a miniature waterfall, the impressive Cecili Rock and Cecīli Pine — natural landscape that is

Accommodation

t. +371 29738677

t. +371 26433390

t. +371 29441970

N57°21.744′E024°58.618′

N57°20.996′ E025°06.010

N57°21.827′E024°57.564′

N57°19.098′E025°11.784′

N 57°18′52.6″ E 25°09′16.5″

t. +371 29120992

N57°21.177′, E025°05.257

N57°17.668′E025°07.509′

N57°25.632′E24°48.306′

N57°18.105′E024°54.774′

N57°18.750′E025°09.450′

ph. +371 22007332,

www.ungurmuiza.lv

t. +371 29435545

N57°21.765′E025°05.252′

N57°19.736′E025°05.443′

www.rehcentrsligatne.lv

N57°15.310′F025°04.213

N57.14.718' E025°02.754'

N57°14.199′E25°00.939′

Zeit Hotel, Gaujas iela 4, Līgatne,

57.236187, 25.038076

Hotel "Rakši", Drabešu pag.,

ph. +371 29172332

N57°16.587 E025°12.018'

N57°14.286′E25°11.526′

N57°15.397′E025°14.835′

N57°14.436′E25°12.726′

57.177664 24.865457

www.villaalberta.lv

57.166073 24.862614

Glamping Klaukas, Siguldas novads,

+371 22562207

13 Holiday base "Ķecis", Raiskuma pag.,

Līgatnes pag., t. +371 26467747,

Holiday home "Avoti", "Avoti", Līgatnes pag.,

ph. +371 25779944, https://zeit.lv

ph. +371 29182818, www.avoti.celotajs.lv

6 Camping "Unguri", Raiskuma pag.,

and "Mazais naminš", Raiskuma pag t. +371 26330479, www.jaunbrenguli.lv

t. +371 26645599, www.hotelzakisi.lv

Apartments "Briedīši", Raiskuma pag.

oh. +371 29421836, N57°25.074′E024°55.118′

Straupes pag., ph. +371 29464946, www.markulici.lv

Guest house "Augstrozes", Raiskuma pagasts,

ph. +371 26699996, www.augstrozes.com

Rehabilitation centre "Līgatne", "Skaļupes",

Apartments "Lāču miga", Gaujas iela 22, Līgatne,

ph. +371 29263798, www.kamieli.lv/en/viesnica-en/

**19 Guest house "Eglaines"**, "Eglaines", Kārļi, Drabešu pag.,

Guest house "Laimes ligzda", "Lejas astītes", Drabešu pag.,

Hotel "Kārļamuiža", "Kārļamuiža", Kārļi, Drabešu pag.,

ph. +371 29424941, www.laimesligzda.lv

ph. +371 26165298, www.karlamuiza.lv

ph. +371 27489107, www.glempings.lv

Villa Alberta, Līvkalna iela 10A, Sigulda

ph. +371 27770203, +371 67971487

Guest house "Ungurmuiža", Raiskuma pag.,

Camping "Paegļi", Limbažu pag., Limbažu nov.,

ph. +371 29819364, www.pazemesezeri.lv

10 Guest house and tent campsite "Mārkulīči"

t. +371 26466916, www.briedisi-ak.lv

8 Camping "Ruckas ezers", Stalbes pag..

Guest house "Bērzi", Plācis, Straupes pag.,

Guest house "Ungurmalas", "Ezermalas", Raiskuma pag.,

Holiday home "Upeslejas", Straupe, Straupes pag.

Holiday home "Jaunbrenguļi" – "Dzeltenā māja"

5 Hotel "Zaķīši", Aroniju iela 3, Raiskums, Raiskuma pag.,

undisturbed by human activities. Maybe you will see some forest dweller at the animal feeder. The trail is marked. The small circle is about 2 km long, but it is also possible to go on longer routes up to Dzilnas Rock (4 km) or the long circle (12 km). www.cecilutaka.lv 57.209339, 25.17050 National Partisan - Forest Brothers' he bunker was created according

partisan's feelings, see their persona pelongings, weapons and photos. https://mezabrali.wordpress.com +371 29350059 57.222981, 25.22540 Adventure Park "Ozolkalns" Near "Ozolkalns" each day becomes an exciting adventure. In the warm season you may overcome creative obstacles in the adventure park 'Supervāvere'''(Super Squirrel) or enjoy a trip by raft or boat along the picture Gauja River In winter you can go skiing and enjoy the nature paintings made by the snowy surroundings www.ozolkalns.lv

57.294373, 25.2220

Bobsleigh and luge track

This track is one of 18 of its type in the entire world. Compared to the other tracks, this one is unique because it is available or public tours and tourist rides Rapid curves and high speeds n opportunity for anyone to test themselves and feel like an Olympic athlete.

www.bobtrase.h +371 29185351

Adventure park "Tarzans" The park offers many different and unique outdoor activities for the entire family - obstacle courses for all ages, ziplines longer than 1 km, tube sliding, safari park, electro go-karts, trampoline giant swing, catapult, archery and other activities www.tarzans.lu 57.1601, 24.8437

+371 27001187 The aura of ancient legend and energy adorns this mythical cave — the largest in the Baltic states. The story goes that once upon a time a good man lived here and healed people with water from the spring. The name of the cave comes from the German "gut Mann" —

Medieval castle of Turaida The forests of Gauja valley are overlooked by the mighty main tower of Turaida castle. Construction of the stone castle began in 1214. Up to the late 16th century, it was the residence of the archbishops of Riga. After a fire in 1776, it slowly descended into ruin. However, it was reborn in the second half of the 20th century. Here, over a vast territory you can find 39 historical buildings, as well as an attractive exposition featuring the cultural and historic heritage starting from the 11th century. 7.1868, 24.8478

www.turaida-muzejs.lv, +371 67972376 Jānis Market Gastro market in the centre of Sigulda offering a wide array of food and \anaTirgus places to eat. Juicy burgers and steaks, vegetarian meals, kebabs, fresh-baked pastries, home-made ice cream and a multitude of vegetables, fruit, meat, fish and organic food. Janis market is beloved by tourists and locals of Sigulda as a place for shopping and recreational activities, where you can enjoy great food and buy local goods.

+371 22336033

Bike rent, repair shop

+371 26400200

to the stories and memories of former

forest brothers about life in the forests

hiding and fighting for an independ

Latvian state after World War II.

Here you can experience some of

Aktīvās atpūtas centrs "Eži" — bike rent, repair shop Cēsis, Rīgas iela 51A, ph. +371 26573132, www.veikals.ezi.lv; N57°18.835′ F025°16.359°

**Camping "Apaļkalns"** — repair shop Raiskums, Raiskuma pag.. ph. +371 29448188, www.apalkalns.lv; N57°19.047′E025°08.876′

(3) Camping "Žagarkalns" – bike rent Cēsis, Mūrlejas 12, N57°18.418′ E025°13.289′

"Strazdu grava" – repair shop, Service Priekuli, Selekcijas 6 C, ph. +371 26359983, www.strazdugrava.lv N 57° 19.004 E 025° 20.421

**S** Autoserviss "Autostallis" – repair shop Straupe, Straupes pag., ph. +371 29486647 N57°21.214′ E024.°57.441

"Kārlamuiža", Kārli, Drabešu pag. N57°14.436′ E25°12.726′

Restaurant Ungurmuiža "Ungurmuiža", Raiskuma pag ph. +371 25652388, N57°21.765′E025°05.252″

Cafe "Bērzi", Plācis, Straupes pag., N57°21.744′E024°58.618′

Raiskums, Raiskuma pag., ph. +371 23202474 N57°19.047′E025°08.876′

"Hotel Zaķīši" Restaurant, Aroniju iela 3, Raiskums, Raiskuma pag., ph. +371 26645599, www.hotelzakisi.lv

N 57°18′52.6″ E 25°09′16.5″ "Zeit cafe", Gaujas iela 4, Līgatne, ph. +371 25779944,

57.236145, 25.038054 Cafe "Pie Jančuka", Spriņģu iela 4, Līgatne,

N57°13.964′025°02.574′ Pub "Vilhelmīnes dzirnavas", Spriņģu iela 1,

Līgatne, ph. +371 27227733, E57°14.022′025°02.412′

ph. +371 26266266, www.zagarkalns.lv;

6 Hotel "Kārļamuiža" — repair shop ph. +371 26165298, www.karlamuiza.lv,

Where to eat

Raiskuma Cafe, camping "Apalkalns,

Cafe "Zem ozola", Straupe, Straupes pag., ph. +371 29641454; N57°21.199′E024°57.323′

ph. +371 29149596

Cesis bus station - ph. +371 64122762, +371 29163880 Train station information – ph. 1181 Call in case of emergency – ph. 112

Camping "Apalkalns Raiskums, Raiskuma pag., ph. +371 29448188, www.apalkalns.lv, N57°19.047′E025°08.876′

Camping "Žagarkalns" Cēsis, Mūrlejas 12, ph. +371 26266266, www.zagarkalns.lv,

N57°18.418′E025°13.289 Camping "Ozolkalns"

Drabešu pag., ph. +371 26400200, www.ozolkalns.lv N57°17.660′ E25°13.400 Guest hause, camping "Vējiņi Straupes pag., ph. +371 29289796,

www.pazemesezeri.lv N57°20.429′ F024°54.313′ Kanoe Camping, boat rent "Makars",

Gaujas iela 36, Līgatne, ph. +371 29244948, www.makars.lv, N57°15.270′ F25°02.742

Camping "Jaunzāģeri", Krimuldas pag., ph. +371 22002033, www.jaunzageri.lv N57°13'44", E24°54'22"

Camping "Siguldas pludmale" Sigulda, Peldu iela 2, www.makars.lv N57°09'30", E24°90'14"

Campsite "Apaļkalns" 'Apalkalns' invites you to take moment and stop the daily rush to rejuvenate your soul by enjoying the sun-filled mornings, the mysterious evenings, listening to birds

on the shore of the calm and peaceful lake Raiskums. You may take a boat or catamaran ride, go swimming or fishing in the lake. It is possible to go on an exciting canoe ride along winding Gauja River that is rich in rocks www.apalkalns.lv +37129448188. + 37129252679 57,317742,25,147714

Raiskums Historical Centre Ancient Livs have been living in Raiskums region (then *Raise kaneggi*) from the beginnin of 13th century. Raizekome Manor was established by 1554 on the shore of the lake Raiskums, In 1815, landrat von Vegesack bought the manor but in 1851 his son Kārlis inherited the manor with a wish to "Rely on. God, work hard and be thrifty". In remembrance of his father. Karlis left this inscription on the monument park stone. A balustrade-decorated terrace with a view on the lake gives a special appeal to the Raiskums Manor. 12578, 25.158664

Raiskums Labumu Darītava (Goodies Brewery)

In Raiskums near the lake, in a former manor

granary, light and dark beer and baked bread

of natural leaven are made according

to ancient recipes. The true taste is

provided by the firewood beer boile

and the old bread oven. Visiting will

allow you to discover the fine details

of beer and bread making with an exciting

narrative and to enjoy the taste nuances

True taste from Raiskum:

of a delicious tasting

Gardening of Guna and

Guna and Janis have created the

largest collection of hostas in Latvia

(150 varieties) there are also about

300 narcissus, 400 lily and about

crocus collections contain almost

all the varieties that are currently

known. Here is something to see

he manor — a unique example of wooden

baroque construction of the 18th century —

is hidden under the leafy oak crowns away

from the hustle and bustle. In pleasant

silence, the wall paintings will create vivid

echoes in the imagination of peaceful and

carefree times in the manor. One may have

The ancestors made Kvepene hillfort using

and adjusting the steep banks of the Gauja

River primeval valley and the nearby raving

terrain. The mightiest tree in the Gauja

National Park grows in the north of the

hillfort; it is one of the most picturesque

oak trees in Latvia – Kvēpene Great Oak.

cave has formed in the outcrop of the

oming out on the primeval bank.

The ancient cliffs, stretching about

200 meters, are on the right bank

The cliffs surprise with unusual

colour, cracks and caves, as well

as clear springs. The most well-

known of them is Rūcamavots.

Old stories say that once upon

sandstone cave. It is 46 m long,

up to 5.7 m wide and up to 2 m

high. It is located on the right

riverside of the Strīķupe.

Farm "Sandas'

("Gaujaskrasts")

Here you can go on horse

rides, take riding lessons and

participate in animal therapy

Advanced sign-up required!

Boat and tent leasing, boat

delivery, route planning for

the rivers of Latvia.

+371 29423270

57.287665, 24.933771

a time a smith lived in this

7.323311, 25.220149

slope of the Gauja River enclosed

Red Cliffs and

Kalēiala

(Smith's cave)

hillfort slope, nearby Kvepene stream is

ımference is over 6 m. Kvēpene

a cup of tea in the teahouse, but in the

restaurant – enjoy a noblemen meal

that is inspired by ancient recipes.

(vēpene Hillfort and Oak

+37122007332

from April to the very autumn.

80 water lily varieties. Corydalis and

+37120370370

Jānis Rukšāns

+371 29488877

Ingurmuiža (Manor)

Cesis Castle Park and Riekstu Hill The most beautiful park in Cesis and a beloved location during both summer and winter! The park's origins can be traced back to 1812, when the Ziverss family began constructing it in the image of the scenic parks common at the time. An integral part of the park is the 10th to 13th century Vend fort, now known as Riekstu hill. The crown jewel of the park is the pond; in its centre tands a sculpture by Andrejs Jansons the fountain "Fisherman and Catfish". http://cesupils.lv

St. John's Church

It is one of the oldest medieval architectural

consecrated in 1284, but its tower, from which

you can see the panorama of Cesis, was built in

1853. The Church has been the Livonian Order

cathedral, and its masters, clergy and knights

One of the biggest historical concert pipe organ

of Latvia can be heard in the church. The alta

Estonian artist Johann Köler.

The lively, green park was built in

Nowadays, it attracts people

with its greenery, terraces,

Centaur" by Kārlis Jansons.

and gracious black swans.

the sculpture "Battle with the

and the pond with fountains

Unity Square and the Monument for the

he Monument for the War of Independence

was built in 1925 in honour of the Latvian and

stonian soldiers who fell during the Latvian War

of Independence. The monument was blown up

in 1951 under the Soviet regime, and a sculpture

of Lenin was erected in its place. In 1990 it

was removed and the Monument of the War

of Independence stood again in November of

1998. The base of the obelisk features writing

cast in bronze: "From the sword the sun rose"

https://turisms.cesis.lv

Rožu (Rose) Square

Today the old market square in the

heart of the old town is the most

popular gathering place for the

own guests and inhabitants.

concerts take place here. In the

In weekends fairs and different

renings, the square is illuminate

by bright colours delighting those

who are relaxing in some of the

many cafés around it.

https://turisms.cesis.lv

www.cesusirds.lv

the 19th century.

http://cesupils.lv

**May Park** 

nting has been created by the outstandir

nonuments in Latvia. The church was

Līgatne Winer The cosy winery lives a melodic life. The wonderful wines of local berries and fruits rhythmically bubble and ferment in the cool The many flavours blend filling the brewery's premises with a oittersweet aroma that nvites you to taste every drink.

57.314409, 25.27

57.311498, 25.27068

+371 26521467 Tiklu parki (Net Adventure parks) Go on adventures in the tree kingdom Enjoy the unique sense of freedom and fun activities for big and small. You can have both a fun and relaxing time in the 4-7 m high net labyrinths. Swing, run and limb as much as you want! In the café a

chef with rich imagination creates new

menu ideas every day, so even regular

tomers do not get bored by the offer

www.tikluparks.l +371 25779944

**Ligatne Nature Trails** excellent opportunity to relax and see Latvia's wild animals and birds in open-air enclosures. The more than 5 km long trails were established on the Gauja River banks in an area rich in wooded ravines. www.visitligatne.lv

+371 64153313 +371 28328800 Līgatne Ferry

igatne Ferry is the only one in the Baltic, driven by the power of the tream, allowing you to experience primeval, leisure floating to the opposite bank of the Gauja River. The platform consists of two parallel steel boats onnected by a board deck. t is a historical monument of Latvian

+371 64153169, +371 29189707 The Secret Soviet Bunker The well-equipped bunker is 9 m underground and 2000 m<sup>2</sup> wide. It was built in the 1980s for the needs of political and state ruling elite so they could lead the state in case of a nuclear war. All the authentic underground

57.255833, 25.069034

www.tourism.sigulda.lv +371 67971335 Gleznotāikalns (Painters' hill) You can see as far as 12 km from Paradizes kalns (Paradise hill). The tower

of Turaida castle oversees the valley. The most memorable view is of Gauia valley and the River Gauia 80 m below. The breathtaking landscape of the Gauja from the hill has been painted by great artists such as Jūliis Feders, Jānis Rozentāls and Vilhelms Purvītis. Thus, the second name of the hill came to be -7.174864, 24.865852

Cable car and *Sigulda adventur* The car was opened in the beginning of 1969. 43 m above the ground, it connects both sides of Gauja valley over a length of 1020 m. From it you get a great view of three medieval castles, the bobsleigh track and Gauia bridge. In the summer, thrill seekers can test their courage bungee-jumping and riding the "Zērglis" zipline. www.cablecar.lv www.siguldaadventures.lv 57.1645, 24.8458

+371 28383333

the cliffs "The Rapid Rocks". Extraordinary sensations arise from watching the cliffs either from the coast or from the boat during a ride along the Gauja River. lienkoču Park and the Woodcraft In the park you can get to know

"Silkes" – the ancestral home of the ansons family of sculptors 'Silkes" has been the home of the Jansons family for two hundred years. It is where sculptor Matiass Jansons lives and works. Matiass' grandfather, professor Kārlis lansons (1896–1986), as well as parents Andrejs Jansons and Maija Baltiņa, crafted their masterpieces here Open-air Sculpture Garde sitors must sign up beforehand!

9 icturesque landscapes.

57.307032, 25.221652

Ērgļu (Eagle) Cliffs It is a mighty, majestic, seamless sandstone wall rising right out of the Gauja River — the most impressive cliffs in the Gauja River valley. They occupy the left bank of the Gauja River and are about 500 m long, 18-26 m high. Expand your hands like wings on the viewing platform and you will feel like you are flying. Moreover, the platform overlooks a wide horizon of

+371 29124876, +371 26498912

Cīrulīši Nature Trails At any time of the year Cīrulīši Nature Trails give a chance to explore the beautiful Gauja River valley evolution from the Ice Age to nowad by going for an inspirational walk near Spogulklintis (Mirror Cliffs), Dzidravots (The Clear Spring) and Līgavas (Bride) Cave. The small circle — 2.5 km: the big circle – 5.7 km, the trails are marked.

> untouched nature www.vienkoci.lv +371 29329065

+371 64161915 +371 26467747 Ķūķu Cliffs and Rapids This is the highest Devonian rock outcrop in Latvia - 43 m, length — 300 m. In Gauja, longside the cliffs, there are multi-level rapids due to which in ancient times rafters called

equipment has been preserved

until present day.

carpenter's craft, learn more about the green lifestyle and the history of Ligatne neighbourhood, as well as get inspired by interesting wooden sculptures. Here natural materials are used in various ways, and a special place is reserved for primeval,